

**DELIA SMITH WEST, PH.D.**

**CURRICULUM VITAE**

**CURRENT POSITION:** Professor, Department of Exercise Science  
SmartState Endowed Chair and Director of the Center for Technology  
to Promote Healthful Lifestyles  
Arnold School of Public Health  
University of South Carolina  
Columbia, SC 29208

Business Address: Arnold School of Public Health  
University of South Carolina  
915 Greene Street  
Discovery Building I, Suite 403  
Columbia, SC 29208

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**EDUCATION:**

1981 Bachelor of Arts, Major in Psychology  
Brown University, Providence, RI

1987 Master of Science in Psychology  
Rutgers University, New Brunswick, NJ

1989 Doctorate of Philosophy in Psychology  
Rutgers University, New Brunswick, NJ

1988 - 1989 Clinical Internship in Health Psychology  
Veteran's Administration Medical Center, West Haven, CT

**LICENSURE:**

1992 – 2007 Licensed Psychologist in Alabama (License # 670)

2007 – 2013 Licensed Psychologist in Arkansas (License #07-16P)

2014 – present Licensed Psychologist in South Carolina (License #1316)

**POSTDOCTORAL TRAINING**

1989 - 1991 NHLBI Postdoctoral Fellow in Cardiovascular Behavioral Medicine  
Western Psychiatric Institute and Clinic (Rena R. Wing, mentor)  
University of Pittsburgh, School of Medicine

## PROFESSIONAL ACADEMIC APPOINTMENTS:

- 2013 – present      SmartState Endowed Chair and Director of the Center for Technology to Promote Healthful Lifestyles, Arnold School of Public Health, University of South Carolina, Columbia, SC
- 2013 – present      Professor (tenured), Department of Exercise Sciences, Arnold School of Public Health, University of South Carolina, Columbia, SC
- 2013 – present      Affiliated Faculty, Prevention Research Center, Arnold School of Public Health, University of South Carolina, Columbia, SC
- 2010 – 2013        Faculty, Center for Rural Health, University of Arkansas for Medical Sciences, Little Rock, AR
- 2007 – 2013        Professor, Graduate School, University of Arkansas for Medical Sciences, Little Rock, AR
- 2003 – 2013        Director, Center for the Study of Obesity, Fay W. Boozman College of Public Health, University of Arkansas for Medical Sciences, Little Rock, AR
- 2003 - 2013        Professor (tenured), Department of Health Behavior and Health Education, Fay W. Boozman College of Public Health, University of Arkansas for Medical Sciences, Little Rock, AR
- 2000 - 2003        Scientist, Clinical Nutrition Research Center, University of Alabama at Birmingham, Birmingham, AL
- 1997 - 2003        Associate Professor (Tenured 1999), Behavioral Medicine Unit, Division of Preventive Medicine, Department of Medicine, University of Alabama at Birmingham, Birmingham, AL
- 1997 - 2003        Associate Scientist, Comprehensive Cancer Center, University of Alabama at Birmingham, Birmingham, AL
- 1996 - 2003        Scientist, Center for Aging, University of Alabama at Birmingham, Birmingham, AL
- 1996 - 2003        Charter Faculty and Member, Operations Committee, Center for Health Promotion, University of Alabama at Birmingham, Birmingham, AL
- 1994 -2003        Co-Director, Behavioral Assessment and Intervention Core, Center for Health Promotion, University of Alabama at Birmingham, Birmingham, AL
- 1992 - 2003        Secondary Appointment, Department of Health Behavior, School of Public Health, University of Alabama at Birmingham, Birmingham, AL

- 1991 - 1997      Assistant Professor, Behavioral Medicine Unit, Division of Preventive Medicine, Department of Medicine, University of Alabama at Birmingham, Birmingham, AL
- 1989 - 1991      Postdoctoral Fellow, Western Psychiatric Institute and Clinic, University of Pittsburgh School of Medicine, Pittsburgh, PA
- 1988 - 1989      Clinical Health Psychology Intern, West Haven VAMC, West Haven, CT
- 1986 - 1988      Behavioral Intervention Director, NHLBI-funded grant, Central Nervous System Aspects of Hypertension, University of Medicine and Dentistry of New Jersey, Robert Wood Johnson Medical School, Piscataway, NJ
- 1986 - 1988      Graduate Research Assistant and Clinic Coordinator, Eating Disorders Clinic, Rutgers University, New Brunswick, NJ
- 1985              Teaching Assistant, Undergraduate and graduate courses, Rutgers University, New Brunswick, NJ
- 1981 - 1983      Psychological Technician, Butler Hospital, Providence, RI
- 1980 - 1981      Lab Instructor, Introductory Psychology, Brown University, Providence, RI

#### **HONORS AND AWARDS:**

- 1983- 1984      Rutgers University Graduate Fellowship
- 1988            Leon A. Greenberg Memorial Award for Excellence in Alcohol Research, Center for Alcohol Studies, Rutgers - The State University of NJ
- 1989-1991      NHLBI Postdoctoral Fellowship
- 1995            The Obesity Society, Awarded Fellow Status
- 1998-1999      NIH Office of Research on Women's Health Research Enhancement Award for "Obesity Treatment and NIDDM in Black and White Women"
- 2003            Society of Behavioral Medicine LifeScan Diabetes Research Award
- 2003            Society of Behavioral Medicine, Awarded Fellow Status
- 2004            Faculty Award for Excellence in Research, College of Public Health, UAMS
- 2005-present   Scientific Member, NIDDK Clinical Obesity Research Panel (CORP)
- 2012            Inducted into Delta Omega, Public Health Honorary Society, Beta Delta chapter
- 2013            Annual Research Award, National Council on Aging (NCOA) National Institute on Senior Centers, for project entitled "Lay Health Educators Translate a Weight-Loss Intervention in Senior Centers"

#### **PROFESSIONAL SOCIETIES:**

- Academy for Eating Disorders, 1998 to 2002
- American Psychological Association, 1983 to present
- Association for the Advancement of Behavior Therapy (AABT), 1983 to 2002
  - President, Obesity and Eating Disorders Special Interest Group (1996 - 1998)
- Society for Behavioral Medicine (SBM), 1990 to present
  - Program Committee and Track Chair, 1998
  - Fellow, 2003 to present
- Obesity Society (Fellow) 1993 to present

Public Affairs Committee, 2005-2008  
Scientific Program Reviewer, 2006, 2007, 2008, 2009  
Program Committee Member, 2009-2011  
American Diabetes Association, 2000 to 2014  
African American Collaborative Obesity Research Network (AACORN), 2006 to present

#### **NATIONAL COUNCILS AND COMMITTEES:**

American Psychological Association (APA) Clinical Treatment Guideline Development  
Panel for Obesity, 2012-present  
National Institute of Diabetes and Digestive and Kidney Diseases Clinical Obesity Research  
Panel (CORP), Scientific Member 2005- present  
National Institutes of Health Scientific Review Groups  
Risk Prevention and Health Behavior (RPHB-2) Study Section, 1998 – 2003  
**Psychosocial Risk and Disease Prevention**, Chartered Member 2003 – 2006  
Ad hoc Reviewer 2012, 2014, **2015, 2016**  
NIMH Special Emphasis Panel, 1996, 2002  
Biological and Physiological Sciences Special Emphasis Panel, 1998, 1999  
“Maintenance of Long Term Behavior Change” Special Emphasis Panel, 2003  
Adult Psychopathology and Disorders of Aging, 2006  
Small Grants in Digestive Diseases and Nutrition, 2006, 2009, 2010, 2011  
Clinical and Integrative Diabetes and Obesity, 2007  
Exploratory Research Centers of Excellence for Minority Health and Health  
Disparities, 2008  
Virtual Reality Technologies for Research and Education in Obesity and Diabetes  
Special Emphasis Panel, 2012  
University of Pittsburgh Obesity & Nutrition Research Center External Advisory  
Committee, 2002 - 2008  
SBM Conference Program Reviewer, 1990, 1991, 1992, 1994, 1998, 2002, 2003  
AABT Conference Program Reviewer, 1993  
Robert Wood Johnson Foundation Obesity Treatment CME Expert Panel, 2003  
Robert Wood Johnson Foundation Healthy Eating Research Grant Review Committee, 2008  
Jenny Craig/Curves, Inc. Scientific Advisory Board, 2009 – 2015

#### **UNIVERSITY ACTIVITIES:**

UAB Center for Health Promotion Operations Committee, 1994- 2003  
UAB Psychology Training Consortium, 1991 - 2003  
UAB Medical Psychology Coordinating Committee, 1992- 1995  
UAB Department of Medicine Research Development Group, 2001 - 2003  
UAMS College of Public Health, Deans Executive Committee, 2003 – 2013  
UAMS College of Public Health, Research Committee, 2003 – 2013  
(Chair, 2007-2013)  
UAMS College of Medicine, Research Council, 2004 – 2007  
UAMS College of Public Health, Appointment, Promotions & Tenure Committee,  
2006 – 2013  
UAMS Translational Research Institute, 2009-2013  
UAMS University Research Committee, 2007-2013  
UAMS Clinical Research Committee, 2009-2013  
USC Arnold School of Public Health, Academic Programs Committee, 2013-2015

USC Arnold School of Public Health, Search Committee for Chair of Health  
Promotion, Education and Behavior, 2013-2016

USC Arnold School of Public Health, Research Advisory Council, 2014-present

USC Arnold School of Public Health, Information Technology and Resources, 2015-  
present

USC University Wide Promotion and Tenure Committee, 2016-present

## **EDITORIAL BOARD MEMBERSHIPS:**

### Associate Editor:

Obesity, 2010-2013

### Editorial Board Member:

Eating Behaviors, 2000 - 2006

Annals of Behavioral Medicine, 2001 - 2005

**Journal of Consulting and Clinical Psychology**, 2002 - present

Health Education and Behavior, 2003 Guest Editorial Board Member

Health Psychology, 2005 – 2006

### Ad Hoc Reviewer:

Addictive Behaviors

American Journal of Preventive Medicine

Annals of Epidemiology

Archives of Internal Medicine

Archives of Pediatrics and Adolescent Medicine

Behaviour Research and Therapy

Behavior Therapy

British Journal of Nutrition

Diabetes Care

**Health Promotion International**

Journal of the American Medical Association

Journal of Adolescent Health

**Journal of Medical Internet Research**

International Journal of Behavioral Nutrition and Physical Activity

**International Journal of Obesity**

Metabolism

**Obesity / Obesity Research**

Obesity Research Reviews

Public Health Nutrition

The American Journal of Medical Sciences

The American Journal of Medicine

The Nutrition Journal

**MAJOR RESEARCH INTERESTS:** Technology-assisted lifestyle interventions; obesity (etiology and treatment); behavioral interventions for co-morbid obesity and type 2; translation of behavioral obesity interventions into community settings; weight management interventions with underserved populations; and binge eating disorders.

## **TEACHING EXPERIENCE:**

### Student Mentoring:

Undergraduate Students Research Internships Supervised:

Casey Balentine, UAB

Bridgett Hill, UAB  
Laura Huffman, University of Central Arkansas  
(Advisor, Honors Thesis)

Masters Students Supervised:

Polly Kratt, UAB School of Public Health, Health Behavior  
(Chair of Masters Committee)  
Karen Smith, University of Oklahoma, Psychology Dept.  
(Summer Research Program for Minority Students)  
Mario Nicolas, University of Oklahoma, Psychology Dept.  
(Summer Research Program for Minority Students)  
Judy Modell, UAB Medical Psychology Program  
Tiffani Pierce, School of Public Health, Health Behavior  
(Member, Masters Committee)  
Glennis Elmore, UAB School of Public Health, Health Behavior  
(Member, Masters Committee)  
Christine Donovan, M.B.A., UAB Medical Psychology Program  
Stacey Hoffert, UAB School of Public Health, Health Behavior  
(Member, Masters Committee)  
Della Brown, UAB School of Public Health, Health Behavior  
Sheikilya Lewis, UAB School of Public Health, Epidemiology  
(CAare Summer Internship Mentor)  
Alethea Fletcher, UAB Medical Psychology Program  
Jessica Wyatt, UAB School of Public Health, Health Behavior  
Yoko Kawamuyra, UAB School of Public Health, Health Behavior  
Jill Foster, MD, UAB School of Public Health, Health Behavior  
(Co-Chair, Masters Committee)  
Jennifer Ann Crabb, UAB Medical Psychology Program  
Amy Longnecker, UAMS College of Public Health  
(Member, Integration Project Committee)  
Amanda Philyaw, UAMS College of Public Health  
(Co-Chair, Preceptorship)  
Natalie Kelley Lueders, UAMS College of Public Health  
(Chair, Integration Project Committee)  
ShaRhonda Love, UAMS College of Public Health  
(Chair, Integration Project Committee)  
Marisha DiCarlo, UAMS College of Public Health  
(Co-Chair, Preceptorship; Chair, Integration Project Committee)  
My Tran, UAMS College of Public Health  
(Member, Integration Project Committee)  
Chelsea Larson, Arnold School of Public Health  
(Director, Practicum)

Doctoral Students Supervised:

Theresa Abril, M.S., University of South Carolina, Dept. of Psychology  
Dehryl Mason, J.D., M.A., University of Alabama, Dept. of Psychology  
Daniel Remley, M.S.P.H., UAB School of Public Health, Health  
Behavior (Member, Doctoral Dissertation Committee)  
Holly Deemer, M.A., University of Alabama, Dept. of Psychology  
Della Brown [White], MPH, UAB School of Education, Health Behavior

(Co-chair, Doctoral Dissertation Committee)

Amanda Philyaw Perez, UAMS College of Public Health, Health Promotion and Disease Prevention

Marisha DiCarlo, UAMS College of Public Health, Health Promotion and Disease Prevention, (Chair, Doctoral Dissertation Committee)

Chelsea Larsen, University of South Carolina, Arnold School of Public Health

Charity Breneman, (Member, Doctoral Dissertation Committee) University of South Carolina, Arnold School of Public Health

Clinical Psychology Internship Rotation Supervisor:

James Collier, M.S., UAB Clinical Psychology Internship

Sheryl Jackson, M.S., UAB Clinical Psychology Internship

Mary Lee Shelton, M.S., UAB Clinical Psychology Internship

Stephanie Daniels, M.S., UAB Clinical Psychology Internship

Cecelia MacNamara, M.S., UAB Clinical Psychology Internship

Dehryl Mason, J.D., M.A., UAB Clinical Psychology Internship

Nicole Mason, M.S., UAB Clinical Psychology Internship

Stephanie Muller, M.S., UAB Clinical Psychology Internship

Stacy Demos, M.S., UAB Clinical Psychology Internship

Rosemary Smith, M.S., UAMS Clinical Psychology Internship

Medical Students Supervised on Research Rotation:

Pamela Pollard, B.S., UAB Medical School

Adrienne Roberts, B.S., UAB Medicine School

Joythi Lagisetty, B.S., R.N., UAB Medical School

Elizabeth Steven, B.S., UAB Medical School

Meredith Mitchell, B.S., UAB Medical School

M. Saul Farris, UAMS Medical School

Postdoctoral Fellows (Primary Supervisor):

Robin Rosenthal, Ph.D., 1991 - 1993

Clara Gerhardt, Ph.D., 1992 - 1993

Polly Kratt, M.S.P.H., Ph.D., 1997 - 1999

Nicole Siegfried, Ph.D., 1998 - 2000

Jill Foster, M.D., 2000 - 2003

Stacy Gore, Ph.D., 2001 - 2003

Rebecca A. Krukowski, 2007-2009

Tiffany Cox, 2011-2012

Sandra Coulon, 2014-2015

Courtney Monroe, 2014-present

Education, curriculum, or admissions committee membership:

UAB Psychology Training Committee (APA-approved Clinical Psychology Internship)

UAB Medical Psychology Coordinating Committee (APA-approved doctoral program)

UAMS Graduate School Health Promotion and Prevention Research Doctoral Program Admissions Committee, 2007-2011

USC Arnold School of Public Health Academic Programs Committee, 2013-2015

Courses Taught:

Applied Behavioral Research Methods (doctoral level: HPPR9053/PBHL9073)

Understanding Tobacco Use and Obesity (doctoral level: PBHL9633)

Public Health Perspectives on Obesity (doctoral level: PBHL 594V)  
Introduction to Health Behavior/Health Education (masters level: HSAD 5103)

Guest Lecturer:

UAB Department of Health Behavior, School of Public Health  
UAB Department of Medicine  
UAB School of Dentistry  
UAB Psychology Department  
UAB School of Allied Health Professionals  
UAB Clinical Research Scholars Program  
UAMS College of Health Related Professions, Dietetic Program  
UAMS College of Public Health  
UAMS College of Medicine  
USC Arnold School of Public Health

Faculty Member:

*NIH Office of Behavioral and Social Sciences Research Summer Institute on  
Randomized Behavioral Clinical Trials (2008, 2009, 2011)*

*American Dietetic Association Level 2 Adult Weight Management Training  
Certificate Program (2010 - present)*

*The Obesity Society Review Course for the American Board of Obesity Medicine  
Exam (2013-2015)*

**GRANT SUPPORT (PAST AND CURRENT):**

- 1991 - 2003      Coronary Artery Risk Development in Young Adults (CARDIA). Funded by National Heart, Lung, and Blood Institute (No. NIH/N01-HC-48047). Cora E. Lewis, M.D., M.S.P.H., Principal Investigator; Delia Smith, Ph.D., Investigator.
- 1991 - 1995      Trials of Hypertension Prevention (ToHP)--Phase II. Funded by National Heart, Lung, and Blood Institute (U01 HL 37907). Albert Oberman, M.D., M.P.H., Principal Investigator; Delia Smith, Ph.D., Investigator and Chair, Behavioral Working Group.
- 1992 - 1994      Lipid Variability: Influence of Stress. Funded by National Heart, Lung, and Blood Institute (RO1 HL43041). James M. Raczynski, Ph.D., Principal Investigator; Delia Smith, Ph.D., Investigator.
- 1993 - 1994      Evaluation of a Motivational Intervention to Enhance Behavioral Weight Control for Older Obese Women with Type II Diabetes. Funded by UAB Center for Aging. Delia Smith, Ph.D., Principal Investigator.
- 1993 - 1994      African American Study of Kidney Disease: Pilot Study. Funded by National Institute of Diabetes and Digestive and Kidney Diseases (U01 DK45431). Coordinating Center, Principal Investigator, Katherine Kirk, Ph.D.; Delia Smith, Ph.D. Co-Investigator.



- 1994 - 1998 Perceived Risk and Cancer Control in Rural Minorities. Funded by the National Cancer Institute (RO1 CA64065). Paul Greene, Ph.D. Principal Investigator; Delia Smith, Ph.D., Co-Principal Investigator.
- 1994 - 1995 African American Studies of Kidney Disease (AASK) - Full Scale Trial, Field Center. Funded by National Institute of Diabetes and Digestive and Kidney Diseases. Stephen Rostand, M.D., Principal Investigator; Delia Smith, Ph.D., Investigator, included in field center funding to serve as Consultant to overall study by request of the Program Office, NIDDK.
- 1994 -1997 Diabetes Prevention Project (DPP). Funded by National Institute of Diabetes and Digestive and Kidney Diseases. Coordinating Center, Raymond Bain, Ph.D., Principal Investigator; Delia Smith, Ph.D., Consultant.
- 1995 Patient Outcomes Research Team (PORT) on Low Birthweight in Minority and High-Risk Women. Robert Goldenberg, MD, Principal Investigator; Delia Smith, Ph.D., Consultant.
- 1995 -1999 African American Studies of Kidney Disease (AASK). Subcontract to UAB from Data Coordinating Center (Cleveland Clinic) by Invitation of the Program Office, NIDDK; Paul Greene, Ph.D., Principal Investigator; Delia Smith, Ph.D., Co-Principal Investigator.
- 1996 - 1999 Breast Cancer Control in Rural Minority Primary Care. Funded by the National Cancer Institute (RO1 CA73486). Delia Smith, Ph.D., Principal Investigator.
- 1996 - 2003 Vanguard Clinical Centers for the Clinical Trial & Observational Study of the Women's Health Initiative - Pool 1. Funded by the National Institutes of Health (N01 WH32105). Cora E. Lewis, M.D., Principal Investigator; Delia Smith West, Ph.D., Investigator and Member, Behavioral Scientific Interest Group.
- 1996 - 2002 Clinical Trial of Medical Therapy of Prostatic Symptoms (MTOPI). Subcontract with George Washington University/NIDDK; Delia Smith, Ph.D., Principal Investigator.
- 1997 - 2003 Smoking Cessation to Reduce Cervical Cancer Risk. Funded by National Cancer Institute (RO1 CA75455). Paul Greene, Ph.D., Principal Investigator; Delia Smith, Ph.D., Co-Principal Investigator.
- 1999 - 2005 Obesity Treatment and NIDDM in Black and White Women. Funded by National Institute of Diabetes and Digestive and Kidney Diseases (RO1 DK54041). Delia Smith West, Ph.D., Principal Investigator.
- 1999 - 2014 Studies of Health Outcomes of Weight Loss (Look AHEAD). Funded by National Institute of Diabetes and Digestive and Kidney Diseases (1 U01 DK57008) Delia Smith West, Ph.D., Principal Investigator of UAB clinical site (1999-2003), Principal Investigator of subcontract

and Co-Chair of the Weight Loss Intervention Subcommittee (2003-2013) and Member of Education and Retention Subcommittee (2013-2014).

- 2000 - 2002 SB337 A Multi Center Double Blind Randomized Placebo-Controlled, Parallel Group Study to Examine the Efficacy and Safety of Meridia. Funded by Knoll Pharmaceutical. Delia Smith West, Ph.D., Principal Investigator, UAB clinical center.
- 2001 - 2003 The Prevalence of Two Eating Disorders (Field Center). Funded by NIDDK/Subcontract with University of Pennsylvania (RO1 DK60432). Delia Smith West, Ph.D., Principal Investigator.
- 2001 - 2003 The Role of the Home Environment in Weight Loss Maintenance (Field Center). Funded by the NINR/Subcontract with Brown University (RO1 NR07960). Delia Smith West, Ph.D., Principal Investigator.
- 2001 - 2003 Sexual Dysfunction in Male and Female Diabetics: Effects of Weight Loss Intervention (Field Center). Funded by NIDDK/Subcontract with UMDNJ-The Robert Woods Johnson Medical School. Delia Smith West, Ph.D., Principal Investigator.
- 2001 - 2003 Androgens and Subclinical Atherosclerosis in Young Women (Field Center). Funded by NHLBI/Subcontract with University Washington (RO1 HL65622). Cora Lewis, M.D., Principal Investigator. Delia Smith West, Ph.D., Investigator.
- 2001 - 2003 Promoting Adherence to Antiretroviral Regimens. Funded by NIAID (RO1 AI45403). Paul Greene, PhD, Principal Investigator. Delia Smith West, Ph.D., Investigator.
- 2002 - 2003 Data Coordinating Center for Complementary and Alternative Therapies for Benign Prostate Symptoms Clinical Trial. Funded by NIDDK. (U01 DK63788) Jeannette Lee, PhD, Principal Investigator; Delia Smith West, Ph.D., Investigator/Behaviorist.
- 2003 - 2004 Assessment of Centers for Obesity. Funded by the Robert Wood Johnson Foundation (RWJ 047222). James Raczynski, Ph.D., Principal Investigator. Delia Smith West, Ph.D., Investigator.
- 2004 - 2013 Implementation and Evaluation of Arkansas Act 1220 of 2003. Funded by the Robert Wood Johnson Foundation (RWJ 050262). James Raczynski, Ph.D., Principal Investigator. Delia Smith West, Ph.D., Investigator.
- 2004 - 2008 Program to Reduce Incontinence through Diet and Exercise. Funded by NIDDK/Subcontract with University of California at San Francisco (5 UO1 DK067860). Delia Smith West, PhD, Original UAB clinical site PI/ UAMS subcontract Principal Investigator.

- 2005 - 2010 Internet Assisted Obesity Treatment. Funded by NIDDK/Subcontract with University of Vermont (RO1 DK56746). Delia Smith West, PhD, Subcontract Principal Investigator.
- 2007 – 2011 Translation of Obesity and Cognition Research in a Rural State via Senior Centers. Funded by Centers for Disease Control and Prevention (R18 DP001145). Delia Smith West, PhD, Principal Investigator.
- 2007- 2013 Establishing an Exploratory NCMHD Research Center of Excellence in Arkansas. Funded by the National Center on Minority Health and Health Disparities (P20 MD002329) James Raczynski, Ph.D., Principal Investigator. Delia Smith West, Ph.D., Investigator.
- 2009-2013 Calorie Restriction and Changes in Body Composition, Disease Risk, Function, & Quality of Life in Older Adults. Funded by the National Institute on Aging (R01 AG033094) Jamy Ard, MD and Julie Locker, PhD, Principal Investigators. Delia Smith West, Ph.D., Consultant.
- 2009-2013 Effects of Maternal Body Composition on Offspring Body Phenotype: Potential Fetal Programming. Funded by Arkansas Children’s Nutrition Center and USDA (CRIS 6251-51000-005-03S). Thomas Badger, PhD/Aline Andres, PhD, Principal Investigators. Delia Smith West, PhD, Investigator.
- 2010-2015 Internet Assisted Obesity Treatment Enhanced by Motivational Interviewing. Funded by the NIDDK (R01 DK056746-09A1), Delia Smith West, PhD, Principal Investigator (Dual PI with Jean Harvey-Berino, PhD).
- 2010-2011 Enhancing Healthy Food Environments: Exploring Influences on Food Store Selection. Funded by the Arkansas Center for Health Disparities (P20 MD002329-01), Delia Smith West, PhD, Principal Investigator.
- 2015-2018 Developing the Dietary Inflammatory Index for Clinical Application, Phase 2. Funded by the NIDDK (subcontract of R44DK103377), Gabrielle Turner-McGrievy, PhD, Principal Investigator, Delia West, Co-Investigator.
- 2015-2020 Internet Assisted Obesity Treatment: Enhanced by Financial Incentives. Funded by the NIDDK (R01 DK056746-11A1), Delia Smith West, PhD, Principal Investigator (Dual PI with Jean Harvey, PhD).
- 2015-2016 Using Technology to Enhance Social Support for Weight Loss. Funded by the University of South Carolina Office of the Vice President for Research (ASPIRE I Postdoctoral Research Funding), Courtney Monroe, PhD, Principal Investigator, Delia West, PhD, Co-Investigator.
- 2015-2016 Examining Use of Social Media as a Response and Recovery Strategy during the #SCFlood of October 2015. Funded by the University of South Carolina Office of the Vice President for Research, Heather Brandt, PhD, Principal Investigator, Delia West, Co-Investigator.

## PEER-REVIEWED PUBLICATIONS:

1. McCrady BS, **Smith DE** (1986). Implications of cognitive impairment for the treatment of alcoholism. Alcoholism: Clinical and Experimental Research, 10, 145-149.
2. Wilson GT, **Smith DE** (1987). Cognitive-behavioral treatment of bulimia nervosa. Annals of Behavioral Medicine, 9, 12-17.
3. Wilson GT, **Smith DE** (1989). Assessment of bulimia nervosa: An evaluation of the Eating Disorder Examination. International Journal of Eating Disorders, 8, 173-179.
4. **Smith DE**, McCrady BS (1991). Cognitive impairment among alcoholics: Impact on drink refusal skill acquisition and treatment outcome. Addictive Behaviors, 16, 265-274.
5. **Smith DE**, Wing RR (1991). Diminished weight loss and behavioral compliance during repeated diets. Health Psychology, 10, 378-383.
6. Wilson GT, Eldredge KL, **Smith DE**, Niles B (1991). Cognitive-behavioral treatment with and without response prevention for bulimia. Behaviour, Research and Therapy, 29, 575-583.
7. Kostis JB, Rosen RC, Brondolo E, Taska L, **Smith DE**, Wilson AC (1992). Superiority of nonpharmacological therapy compared to propranolol and placebo in men with mild hypertension: A randomized, prospective trial. American Heart Journal, 123, 466-474.
8. Wing RR, Matthews KA, Kuller LH, **Smith DE**, Becker D, Plantinga PL, Meilahn EN (1992). Environmental and familial contributions to insulin levels and change in insulin in middle-aged women. Journal of the American Medical Association, 268, 1890-1895.
9. Marcus MD, **Smith D**, Santelli R, Kaye W (1992). Characterization of eating disordered behavior in obese binge eaters. International Journal of Eating Disorders, 12, 249-257.
10. **Smith DE**, Marcus MD, Kaye W. (1992). Cognitive-behavioral treatment of obese binge eaters. International Journal of Eating Disorders, 12, 257-263.
11. Guzick DS, Wing RR, **Smith DE**, Berga SL, Winters SJ (1994). Endocrine consequences of weight loss in obese, hyperandrogenic, anovulatory women. Fertility and Sterility, 61, 598-604.
12. **Smith DE**, Lewis CE, Caveny JL, Perkins LL, Burke GL, Bild DE Longitudinal changes in adiposity associated with pregnancy: The CARDIA Study. (1994). Journal of the American Medical Association, 271, 1747-1751.
13. Lewis CE, **Smith DE**, Caveny JL, Perkins LL, Burke GL, Bild DE (1994). Associations of body mass and body fat distribution with parity among African-American and Caucasian women: The CARDIA study. Obesity Research, 2, 517-525.
14. **Smith DE**, Marcus MD, Eldredge KE (1994). Binge eating: A review of assessment and

- treatment with an emphasis on clinical application. Behavior Therapy, 25, 635-658.
15. **Smith DE.**(1995). Binge eating in ethnic minority groups. Addictive Behaviors, 20, 695-703.
  16. Bild DE, Sholinsky P, **Smith DE**, Lewis CE, Hardin JM, Burke GL (1996). Correlates and predictors of weight loss in young adults: The CARDIA study. International Journal of Obesity, 20, 47-55.
  17. Folsom AR, Jacobs DR, Wagenknecht LE, Winkhart SP, Yunis C, Hilner JE, Savage PJ, **Smith DE**, Flack JM (1996). Increase in fasting insulin and glucose over 7 years with increasing weight and inactivity of young adults: The Coronary Artery Risk Development in Young Adults (CARDIA) Study. American Journal of Epidemiology, 144, 235-246.
  18. Kusek JW, Lee JY, **Smith D**, Milligan S, Faulkner M, Cornell C, Kopple J, Greene P (1996). Effect of blood pressure control and antihypertensive drug regimen on quality of life: The African-American Study of Kidney Disease and Hypertension (AASK) pilot study. Controlled Clinical Trials, 17, 40S-46S.
  19. Whelton PK, Lee JY, Kusek J, Charleston J, DeBruge J, Douglas M, Faulkner M, Greene P, Jones C, Keefer S, Kirk K, Levell B, Norris K, Peng S, Powers S, Retta TM, **Smith DE**, Ward H (1996). Recruitment experiences in the African-American Study of Kidney Disease and Hypertension (AASK) pilot study. Controlled Clinical Trials, 17, 17S-33S.
  20. Lee JY, Greene PG, Douglas M, Grim C, Kirk KA, Kusek JW, Milligan S, **Smith DE**, Whelton PK for the AASK Pilot Study Investigators. (1996). Appointment attendance, pill counts and achievement of goal blood pressure in the African American Study of Kidney Disease and Hypertension (AASK) pilot study. Controlled Clinical Trials, 17, 34S-39S.
  21. Lee JY, Kusek JW, Greene PG, Bernhard S, Norris K, **Smith D**, Wilkening B Wright JT (1996). Assessing medication adherence by pill count and electronic monitoring in the African American Study of Kidney Disease and Hypertension (AASK) pilot study. American Journal of Hypertension, 9, 719-725.
  22. **Smith D**, Heckemeyer C, Kratt P, Mason D (1997). Motivational interviewing to improve adherence to a behavioral weight control program for older obese women with NIDDM: A pilot study. Diabetes Care, 20, 52-54.
  23. Son BK, Markovitz J, Winders S, **Smith D** (1997). Smoking, nicotine dependence, and depressive symptoms in the CARDIA study: Effects of education status. American Journal of Epidemiology, 145, 110-116.
  24. Lewis CE, **Smith DE**, Wallace DD, Williams OD, Bild DE, Jacobs DR (1997). Seven-year trends in body weight and associations of weight change with lifestyle and behavioral characteristics in black and white young adults: The CARDIA study. American Journal of Public Health, 87, 635-642.
  25. The Trials of Hypertension Prevention Cooperative Research Group. (1997). Effects of weight loss and sodium restriction intervention on blood pressure and hypertension

- incidence in overweight persons with high-normal blood pressure: The Trials of Hypertension Prevention, Phase II. Archives of Internal Medicine, 157, 657-667.
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## SCIENTIFIC PRESENTATIONS:

### Oral Presentations:

1. McCrady BS, **Smith D** (1985, April). Implications of cognitive impairment for the treatment of alcoholism. Paper presented at Annual Meeting of the American Medical Society on Alcoholism, Washington, DC.
2. **Smith D**, McCrady B (1986, Nov). The impact of cognitive impairment among alcoholics on treatment skills. Paper presented at Annual Meeting of the Association for the Advancement of Behavior Therapy, Chicago, IL.
3. **Smith DE**, McCrady BS (1988, Nov). Cognitive impairment among alcoholics: Impact on drink refusal skill acquisition. Paper presented at Annual Meeting of the Association for the Advancement of Behavior Therapy, New York, NY.
4. Kostis JB, Rosen R, Taska LS, Tannenbaum AK, Brondolo E, **Smith DE** (1989, March). Comparison of pharmacological and nonpharmacological treatment of hypertension: A randomized placebo controlled study. Paper presented at Annual Meeting of the American College of Cardiology, Anaheim, CA.
5. Rosen RC, Kostis JB, Brondolo E, **Smith DE**, Taska LS (1989, March). Effectiveness of nondrug treatments of hypertension: A randomized, prospective study. Paper presented at Annual Meeting of the Society of Behavioral Medicine, San Francisco, CA.
6. **Smith DE**, McCrady BS (1989, Nov). Neuropsychological impairment among chronic alcoholics and treatment outcome: Aftercare attendance and drinking status at follow-up. Paper presented at Annual Meeting of the Association for the Advancement of Behavior Therapy, Washington, DC.
7. **Smith DE**, Wing RR, Marcus MD, Burton L, Schachner M (1991, March). Repeated use of a VLCD affects compliance and weight loss. Paper presented at Annual Meeting of the Society of Behavioral Medicine, Washington, D.C.
8. Raczynski JM, Williams OD, Coombs DW, Greene PG, Reynolds KD, Schumacher JE, **Smith DE** (1992, Oct). Behavioral Research--What have we applied: "Gap Experiences"--An academic perspective. Paper presented at Seventh National Conference on Chronic Disease Prevention and Control, Salt Lake City, Utah.
9. **Smith D** (1994, Nov). The role of purge behavior in binge eating disorder. Paper presented at Annual Meeting of the Association for the Advancement of Behavior Therapy, San Diego, CA.

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11. **Smith D** (1995, August). Diversity of populations with binge eating disorder: Implications for etiology. Paper presented at Annual Meeting of the American Psychological Association, New York, NY.
12. **Smith D** (1995, Nov). Behavioral weight control and motivational interviewing for non-insulin dependent diabetes. Paper presented at Annual Meeting of the Association for the Advancement of Behavior Therapy, Obesity and Eating Disorders Special Interest Group, Washington, D.C.
13. Kusek JW, Lee JY, **Smith DE**, Milligan S, Faulkner M, Cornell C, Kopple JD, Greene PG, Agoda LY (1996, July). Quality of life among clinical trial screenees during baseline in the African American Study of Kidney Disease and Hypertension (AASK) pilot study. Paper presented at Eleventh International Interdisciplinary Conference on Hypertension in Blacks, New Orleans, LA.
14. Kusek JW, Lee JY, Greene PG, Douglas M, Grim C, Kirk KA, Milligan S, **Smith DE**, Whelton PK, Agoda LY (1996, July). Appointment attendance, pill counts and achievement of goal blood pressure in the African American Study of Kidney Disease and Hypertension (AASK) pilot study. Paper presented at Eleventh International Interdisciplinary Conference on Hypertension in Blacks, New Orleans, LA.
15. Markovitz JH, **Smith D**, Raczynski JM, Oberman A, Williams OD, Knox S, Jacobs DR (1996, September). Lack of relationships between psychological factors and low plasma lipid levels in the CARDIA study. Paper presented at Southeastern Lipid Conference, Calloway Gardens, GA.
16. Lewis CE, Jacobs DR, Kiefe CI, Schriener PJ, **Smith DE**, Wallace DD, Williams OD (1997, June) Weight gain continues in the 90s: The CARDIA study. Paper presented at International Conference on Preventive Cardiology and the American Heart Association Council on Epidemiology and Prevention, Montreal, Canada.
17. Greene P, Brooks D, Gassman J, Greene T, Hall Y, Kusek J, Phillips R, **Smith D**, Wilkening B (1997, July). Pill counting and attainment of blood pressure goals in the African American Study of Kidney Disease and Hypertension. Paper presented at Society for Clinical Trials and International Society for Clinical Biostatistics Annual Meeting, Boston, MA.
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20. Gunderson EP, Lewis CE, Quesenberry CP, **West DS**, Murtaugh M, Sidney S (2003, Mar) Long-term Changes in Lipids Associated with Childbearing: CARDIA. Paper presented at American Heart Association 43<sup>rd</sup> Annual Conference on Cardiovascular Disease Epidemiology and Prevention, Miami, FL. Awarded the Trudy Bush Fellowship for CVD Research in Women's Health.
  21. **West DS**, DiLillo V, Greene P, Kratt P, Kirk K (2003, Mar) Motivational Interviewing Enhances Weight Loss and Glycemic Improvements Among Overweight Women with Type 2 Diabetes. Paper presented at Society for Behavioral Medicine 24<sup>th</sup> Annual Meeting, Salt Lake City, UT. *Awarded Citation Paper recognition and the Society of Behavioral Medicine Lifescan Diabetes Research Award.*
  22. **West DS**, DiLillo V, Greene P, Bursac Z, Phillips M (2004, Nov). Motivational Interviewing Increases Adherence to a Behavioral Weight Control Program. Paper presented at Annual meeting of the North American Association for the Study of Obesity, Las Vegas, NV.
  23. **West DS**, Pulley L, Bursac Z, Phillips M. (April, 2005). Creating Policy Change: Targeting Schools or School Districts? Paper presented at Society for Behavioral Medicine 26<sup>th</sup> Annual Meeting, Boston, MA.
  24. Raczynski JM, Phillips MM, **West DS**, Pulley L, Bursac Z (April, 2005). Overview of the Evaluation of Arkansas Act 1220 of 2003 to Reduce the Prevalence of Obesity among Children. Paper presented at the Society for Behavioral Medicine 26<sup>th</sup> Annual Meeting, Boston, MA.
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  26. \*White DB, **West DS**. Physical activity and exercise self efficacy in overweight women with type 2 diabetes enrolled in a behavioral weight loss program. (March, 2006) Paper presented at the 2006 meeting of the American Academy of Health Behavior, Carmel, CA.
  27. Yi R, **West D**, Bickel WK. Binge eating symptoms, obesity, and temporal discounting (June, 2007). Paper presented at the annual meeting of the International Study Group Investigating Drugs as Reinforcers, Quebec, Canada.
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29. \*Montgomery BE, **West DS**, Raczynski JM, Phillips M, Gauss CH, Bursac Z. (Nov, 2007). Economic and educational factors do not explain racial differences in the accuracy of parental perception of overweight in their child. Paper presented at the 2007 Annual meeting of the American Public Health Association, Washington DC.
30. \*Ivory J, Phillips MM, **West D**, Bursac Z, Gauss CH, Walker J, Raczynski JM. Parental knowledge and beliefs about childhood obesity-related-co-morbidities. (Oct, 2008). Oral presentation at the 2008 annual meeting of the American Public Health Association, San Diego, CA.
31. Phillips MM, Perez AP, Raczynski JM, Pulley L, **West D**, Bursac Z, Gauss CH, Walker J. Differences in response to obesity prevention and control activities by weight status: Data from the evaluation of Arkansas Act 1220. (Oct, 2008). Oral presentation at the 2008 annual meeting of the American Public Health Association, San Diego, CA.
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34. \*Krukowski RA, **West DS**, Perez AP, Bursac A, Phillips MM, Raczynski JM. The role of weight-based teasing in the association between childhood overweight and academic performance. Oral presentation at the 2008 annual meeting of the Obesity Society, Phoenix, AZ.
35. Rubin RR, DiLillo V, Jaramillo S, Knowler WC, Miller K, Peyrot M, Wadden T, **West D**, Wing R for the Look AHEAD Research Group. (2009, June). CVD Risk Factors, Depression Symptoms, and Antidepressant Medicine Use In Look AHEAD Trial Participants. Oral presentation at the 69<sup>th</sup> Annual Scientific Sessions of the American Diabetes Association, New Orleans, LA.
36. Harvey-Berino J, **West DS**. (Oct, 2009). Internet Delivered Behavioral Obesity Treatment. Oral presentation at the 2009 annual meeting of the Obesity Society, Washington DC. *Awarded as Platform Oral Presentation.*
37. Phillips MM, Raczynski JM, **West DS**, Walker J, Gauss CH, Bursac Z (April 2010). Overweight students and their families respond to efforts to reduce childhood obesity. Oral presentation to be delivered at the 2010 annual meeting of the Society for Behavioral Medicine, Seattle, WA.
38. Bursac Z, Williams DK, Gauss CH, Moore P, Goodell M, Krukowski RA, **West DS**, Phillips M, Raczynski JM (Aug 2010). Comparison of Quadratic Inference Functions and Generalized Estimating Equations: Longitudinal Case Study of Act 1220 of 2003 Health

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- Policy in Arkansas. Presentation at the Joint Statistical Meetings, Vancouver, British Columbia.
39. West, DS (October, 2011). Bridging the Gap: Dissemination of the Diabetes Prevention Program Lifestyle Intervention in Rural Settings using Lay Health Educators. Invited presentation to The Obesity Society Annual Scientific Sessions. Orlando, FL, October, 2011.
  40. \*Krukowski RA, McSweeney J, Sparks C, **West DS** (May, 2012). Exploring Influences on Food Store Choice. Oral presentation at Annual Conference of the International Society for Behavioral Nutrition and Physical Activity (ISBNPA), Austin, TX.
  41. \*Krukowski RA, Bursac Z, McGehee M, **West DS**. (May 2012). Exploring Potential Health Disparities in Excessive Gestational Weight Gain. Oral presentation at Annual Conference of the International Society for Behavioral Nutrition and Physical Activity (ISBNPA), Austin, TX.
  42. Yang Y, Brown CJ, Burgio KL, Kilgore ML, Ritchie CS, Roth DL, **West DS**, Locher JL. (Nov, 2012). Nutritional Risk at Baseline Predicts Health Services Utilization and Mortality over a One-Year Period in Older Adults Receiving Medicare Home Health Services. Gerontological Society of America Annual Scientific Meeting, San Diego, CA.
  43. \*Krukowski RA, Harvey JR, **West DS**. The Impact of the Interventionist-Participant Relationship in an Online Group Behavioral Weight Loss Program on Weight Loss and Treatment Adherence. (Nov, 2014). Medicine 2.0 Summit & World Congress, Maui, HI.
  44. \*Krukowski RA, **West DS**, DiCarlo M, & Andres A. Validity of using early first trimester weight as pregravid weight (Nov 2015). Oral presentation at the Annual Scientific Sessions of The Obesity Society, Los Angeles, CA.
  45. **West DS**, Harvey J, Krulowski R. Does the addition of online individual motivational interviewing chat sessions enhance weight loss outcomes in a group-based online weight control program? (Nov 2015). Oral presentation at the Annual Scientific Sessions of The Obesity Society, Los Angeles, CA.

#### Poster Presentations:

1. **Smith DE**, Wing RR, Markovitz J, Nicotra L (1991, March). Characteristics of first VLCD and refeeding influence weight loss on second VLCD. Presented at the Annual Meeting of the Society of Behavioral Medicine, Washington, D.C.
2. **Smith DE**, Marcus MD, Santelli R, Kaye WH (1991, Nov). Assessment of obese binge eaters with the Eating Disorder Examination. Presented at the Annual Meeting of the Association for the Advancement of Behavior Therapy, New York, NY.
3. **Smith DE**, Wing RR, Guzick D (1992, March). Behavioral weight control for women with Polycystic Ovary Syndrome. Citation paper presented at the Annual Meeting of the Society of Behavioral Medicine, New York, N.Y.

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4. **Smith DE**, Mason DA, Rosenthal R (1993, Nov). Evaluation of a group psychoeducational program for obese binge eaters. Presented at the Annual Meeting of the Association for the Advancement of Behavior Therapy, Atlanta, GA.
5. **Smith DE**, Lewis CE, Greene P, Caveny JL, Raczynski JM, Williams OD, Kiefe C, Hilner J (1994, April) . Weight cycling and cardiovascular risk factors: The CARDIA study. Presented at the Annual Meeting of the Society for Behavioral Medicine, Boston, MA.
6. **Smith DE**, Heckemeyer C, Kratt P, Kitchin E, Mason D, Caveny J, Jackson S (1994, Nov). Behavioral weight control with a motivational intervention for older obese women with non-insulin dependent diabetes: A pilot study. Presented at the Annual Meeting of the Association for the Advancement of Behavior Therapy, San Diego, CA.
7. Lee JY, **Smith DE**, Cornell CE, Faulkner M, Kopple J, Kusek JW, Milligan S (1995, Nov.) Quality of life in the African American Study of Kidney Disease and Hypertension (AASK) pilot study. Presented at the Annual Meeting of the American Society of Nephrology, San Diego, CA.
8. Riley N, Bild D, Cooper L, Schreiner P, **Smith D**, Thompson K (1996, June). Relationship of self image to body size and weight loss attempts in black women in the CARDIA study. Presented at the Annual Meeting of the Society of Epidemiologic Research, Boston, MA.
9. **Smith D**, Marcus M, Lewis C, Fitzgibbon M, Schreiner P, Hilner J (1996, Nov). Binge eating disorder and depression in non-treatment seeking obese black and white men and women: The CARDIA study. Presented at the Second Annual Meeting of the Eating Disorders Research Society Meeting, Pittsburgh, PA.
10. **Smith DE**, Thompson JK, Raczynski JM, Hilner J (1997, April). Body image among men and women in a biracial cohort: The CARDIA study. Presented at the Annual meeting of the Society for Behavioral Medicine, San Francisco, CA.
11. **Smith D**, Lewis C, Marcus M, Fitzgibbon M, Hilner J, Schreiner P (1997, April). Binge eating disorder in a biracial population-based cohort. Presented at the Annual meeting of the Society for Behavioral Medicine, San Francisco, CA.
12. Weidner G, Bild D, **Smith D**, McCreath H (1997, April) Psychological correlates of body weight: The moderating effects of gender, race and income. Presented at the Annual meeting of the Society for Behavioral Medicine, San Francisco, CA.
13. Kusek J, Levell B, Beck G, Jamerson K, Agodoa L, Faulkner M, Greene P, Milligan S, **Smith D** (1997, July). Baseline quality of life (QOL) in the African American Study of Kidney Disease and Hypertension (AASK) full scale trial. Presented at the Twelfth International Interdisciplinary Conference on Hypertension in Blacks, London, England.
14. **Smith D**, Greene P, Pulley L, Kratt P, Weiss H, Hullett S (1998, June). Attitudes and beliefs about breast cancer among older, rural, African-American women. Paper presented at the Sixth Annual Congress on Women's Health, Washington, D.C

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15. **Smith D**, Kratt P, Greene P, Pulley L, Weiss H, Harrison R (1999, March). Breast cancer screening attitudes among low income, rural African-American women. Paper presented at the Society for Behavioral Medicine Annual Scientific Sessions, San Diego, CA.
16. **Smith D**, Kratt P, Greene P, Pulley L, Harrison R, Partridge E (1999, March). Attitudes and early detection practices in African-American women with a family history of breast cancer. Paper presented at the Society for Behavioral Medicine Annual Scientific Sessions, San Diego, CA.
17. Greene PG, **Smith DE**, Kratt PP, Mayo MS, Harrison R, Partridge E (1999, March) Promoting cervical cancer screening in a rural minority primary care setting. Paper presented at the Society for Behavioral Medicine Annual Scientific Sessions, San Diego, CA.
18. \*Kratt PP, Greene PG, **Smith DE**, Harrison R (1999, March) Correlates of cervical cancer screening among rural, low income African-American women. Paper presented at the Society for Behavioral Medicine Annual Scientific Sessions, San Diego, CA.
19. Gold EC, Harvery-Berino J, **Smith DE**, Shuldiner AR, Walston JD, Starling RD, Turner A, Silver K, Poehlman E (1999, Nov). Does genetic testing for obesity influence confidence in the ability to lose weight? Poster presented at the Scientific Sessions of the North American Association for the Study of Obesity, Charleston, SC.
20. \*Donovan K, Greene P, Kratt P, **Smith D** (1999, Nov.). Psychological distress and adherence to cervical cancer screening recommendations in a rural, low-income African American sample. The 2nd Annual Cancer Care Symposium, Chicago, IL.
21. Gersnoviez R, Burrows PK, **Smith D**, Greene P, Kusek J, Ahrens A, Watson V, Homan K (April, 2000) Utilizing Behavioral Consultants in Clinical Trials. Annual Meeting of the Society of Clinical Trials. Toronto, Canada.
22. \*Kratt PP, Greene PG, **Smith DE**, Hullett S, Siegfried N (April, 2000) Effects of a single contact cervical cancer screening intervention on African-American women. Annual Meeting of the Society of Behavioral Medicine. Received Award for the Best Visual Poster.
23. DiLillo V, Siegfried N, Kratt P, Greene P, **Smith-West D** (March, 2001)\_Strategies for recruitment of African American Women into clinical trials. Annual Meeting of the Society of Behavioral Medicine, Seattle, WA.
24. DiLillo V, **West DS**, Kratt P, Greene P, Smith C (April, 2002) Successful enrollment of African Americans into clinical trials. Paper presented at the Annual Meeting of the Society of Behavioral Medicine, Washington, DC.
25. Gunderson EP, **West DS**, Murtaugh M, Lewis CE, Sidney S (April, 2002). Changes in Anthropometric Measures Associated with Childbearing: CARDIA. Presented at the 42<sup>nd</sup> Annual Conference on Cardiovascular Disease Epidemiology and Prevention / 1st Annual Asian Pacific Scientific Forum, Honolulu, Hawaii.

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26. Williamson D, Wadden T, **West DS** for the Look AHEAD Research Group (Sept, 2002). Weight Loss Intervention of the Look AHEAD Trial: Description of Procedures for the Weight Loss Induction Phase (Year 1). Presented at the International Conference on Obesity, San Paulo, Brazil.
27. Jacobs J, Wilfley DE, Gregory-Bills T, Crow S, Lilenfeld LR, **West DS**, Walsh BT, Fairburn CG (May, 2003) Placebo Response in Pharmacotherapy for Binge Eating Disorder. Presented at the International Conference on Eating Disorders. Denver, CO.
28. \*Gore S, Foster J, DiLillo V, **West DS** (March, 2003). The role of television viewing in food intake. Presented at the 24<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
29. DiLillo V, Gore S, **West DS** (March, 2003). Depressive symptoms and glycemic control in a biracial sample of women with type 2 diabetes. Presented at the 24<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
30. Greene P, Gore S, **West DS**, Kohler C, Desmond R, Zhang Y (March, 2003). Clinically relevant measures of response to brief tobacco intervention. Presented at the 24<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
31. \*Gore S, Greene P, **West DS**, Davies S, Desmond R, Zhang Y (March, 2003). The role of depression in smoking cessation efforts. Presented at the 24<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Salt Lake City, UT.
32. \*Foster JA, Brown DM, Gore SA, DiLillo VG, Kirk K, **West DS** (Nov, 2003). Television Viewing and Physical Activity: Associations among overweight women. Presented at the Scientific Sessions of the North American Association for the Study of Obesity, Ft. Lauderdale, FL.
33. Gunderson EP, Whitmer R, Lewis CE, Quesenberry CP, **West DS**, Sidney S (March, 2004). CARDIA: Does the decline in HDL associated with a first birth vary by ApoE genotype? Presented at the American Heart Association Conference on Cardiovascular Disease, Epidemiology and Prevention, San Francisco, CA.
34. **West DS**, DiLillo V, Thomas S, Greene P, Bursac Z. Social Support for eating and exercise changes among overweight African American women with type 2 diabetes. (March, 2004) Presented at the 25<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD.
35. **West DS**, Phillips MM, Bursac Z, Gauss H, Pulley L. (April, 2005). Do parents know when their children are overweight? Presented at the 26<sup>th</sup> Annual Meeting of the Society of Behavioral Medicine, Boston, MA.

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36. Bursac Z, Phillips M, Gauss CH, Pulley L, **West D**, Raczynski J. (Aug, 2005) Act 1220 Evaluation: Multi-stage surveys with PPS sampling. Presented at the 2000 Joint Statistical Meeting, Minneapolis, MN.
37. **West DS**. (Nov, 2007) Do African-American Women in a Behavioral Obesity Program Lose More Weight With an African-American Group Leader? Poster presented at the 2007 annual meeting of the North American Association for the Study of Obesity, New Orleans, LA.
38. Phillips MM, Raczynski JM, Pulley L, **West D**, Bursac Z, Gauss CH, Walker J, Craig R, Ivory J, Perez AP. Did We Get What We Expected? Measuring Body Mass Index in Schools. Poster presented at the 2008 annual meeting of the American Public Health Association, San Diego, CA.
39. \*Krukowski RA, Harvey-Berino J, Eddings K, **West, DS**. (Oct, 2008). Associations between Grocery Store Food Environment, Race, Weight Status, and Individual Dietary Intake. Poster presented at the 2008 annual meeting of the Obesity Society, Phoenix, AZ.
40. \*Krukowski RA, Harvey-Berino J, Prewitt TE, **West DS**. (Oct, 2008). The Impact of Neighborhood Characteristics on the Availability and Pricing of Healthy Food Options. Poster presented at the 2008 annual meeting of the Obesity Society, Phoenix, AZ.
41. \*Krukowski RA, Lueders NK, **West DS**. (Oct, 2008). Efficacy of an Obesity Intervention Tailored for a Catholic Community: A Pilot Study. Poster presented at the 2008 annual meeting of the Obesity Society, Phoenix, AZ.
42. \*Krukowski RA, Harvey-Berino J, **West DS**. (Oct, 2009). Perceived Social Support in Internet-Delivered Behavioral Weight Control. Poster presented at the 2009 annual meeting of the Obesity Society, Washington DC.
43. \*Krukowski RA, Tilford JM, Harvey-Berino J, **West DS**. (July, 2010). Comparative Cost-effectiveness for In-person versus Online Behavioral Weight Loss Programs. International Congress on Obesity, Stockholm, Sweden.
44. \*Krukowski RA, **West DS**, Harvey-Berino J, McSweeney J. (July 2010). Weight Loss Success among African American Women: Exploring Perspectives. International Congress on Obesity, Stockholm, Sweden.
45. **West DS**, Harvey-Berino J, Krukowski RA. (July 2010). Weight Change While Waiting for Treatment to Start is associated with 6-month Weight Loss Outcomes. International Congress on Obesity, Stockholm, Sweden.
46. **West DS**, Harvey-Berino J, Krukowski RA. (July 2010). Preliminary Evidence that Online Individual Motivational Interviewing Sessions Enhance Behavioral Weight Control Program. International Congress on Obesity, Stockholm, Sweden.
47. Bursac Z, Williams DK, Moore P, Gauss CH, Goodell M, Krukowski RA, **West DS**, Phillips M, Raczynski JM. (Aug 2010). Comparison of Quadratic Inference Functions and

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Generalized Estimating Equations: Longitudinal Case Study of Act 1220 of 2003 Health Policy in Arkansas. Joint Statistical Meeting, Vancouver, British Columbia.

48. \*Krukowski RA, Harvey-Berino J, Bursac Z, Ashikaga T, **West D.** (June 2011). Patterns of Self-Monitoring Associated with Weight Loss Success in Internet-Delivered Behavioral Weight Control Program. International Society for Behavioral Nutrition and Physical Activity, Melbourne, Australia.
49. \*Krukowski RA, Harvey-Berino J, Skelly J, **West D.** (June 2011). Predictors Associated with Long-Term Weight Loss in Online Compared with In-Person Behavioral Obesity Treatment Programs. International Society for Behavioral Nutrition and Physical Activity, Melbourne, Australia
50. \*Cox TL, Krukowski RA, Love S, Eddings K, DiCarlo M, Prewitt TE, **West DS.** (Oct 2011). A pilot randomized controlled trial examining stress management and weight loss in African American women. *Obesity*, 19,1, S97.
51. \*Krukowski RA, McSweeney J, Sparks C, DiCarlo M, **West, DS** (April 2012). Development and Pilot-Testing of the Food Store Selection Questionnaire. 33rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
52. \*Krukowski RA, Bursac Z. McGehee M, **West DS.** (April 2012). Sociodemographic and Personal Health Characteristics Associated with Insufficient and Excessive Gestational Weight Gain Based on the Revised Institute of Medicine Guidelines. 33rd Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, New Orleans, LA.
53. \*Cox TL, Eddings K, Krukowski RA, Love SJ, Harvey-Berino J, **West DS.** (Sept, 2012). Examining associations between treatment adherence and weight loss among natural social contacts in a behavioral weight loss intervention. The Obesity Society Annual Meeting, San Antonio, TX.
54. \*Krukowski RA, **West DS.** (Sept, 2012). Comparing Prices for Healthier and Less Healthy Entrees on Restaurant Children's Menus. The Obesity Society Annual Meeting, San Antonio, TX.
55. Falconbridge LF, Wadden TA, Rubin RR, Knowler WC, Chen H, **West DS,** Rejeski R, Coday M, Ewing LJ. (Sept, 2012). Changes in Weight and Symptoms of Depression in Overweight or Obese Individuals with Type 2 Diabetes in the Look AHEAD trial: Four-year Results. The Obesity Society Annual Meeting, San Antonio, TX.
56. \*Krukowski RA, Pope RA, Love S, Lensing S, Felix H, Prewitt T, **West DS.** (Nov, 2013). Examining costs of a Lay Health Educator-Delivered Translation of the Diabetes Prevention Program in Senior Centers. The Obesity Society Annual Meeting, Atlanta, GA.
57. **West DS,** Krukowski RA, Harvey JR. (Nov 2014). What Are the Weight Loss Outcomes among African American Women in Online Behavioral Weight Control Programs? Medicine 2.0 Summit & World Congress, Maui, HI.

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58. \*Krukowski R, **West D**, DiCarlo M, Andres A. (March 2015). Influences on Expectations for Gestational Weight Gain. Poster presented at Experimental Biology, Boston, MA.
59. Sobik S, Krukowski RA, **West DS**, Cleves MA, Andres A. (March 2015). Subclinical Depression is Associated with Lower Birth Weight in Obese Women. Poster presented at Experimental Biology, Boston, MA.
60. \*Larsen C, Magrader K, Monroe C, Brandt H, Sundstrom B, Turner-McGrievy G, Wilcox S, **West DS**. Technology usage of college students in a technology delivered behavioral weight gain prevention program: A pilot study. (Nov 2015). Poster presented The Annual Scientific Sessions of The Obesity Society, Los Angeles, CA.
61. \*Monroe C, Turner-McGrievy G, Sundstrom B, Magrader K, Larsen C, Wilcox S, Brandt HM, **West D**. HealthE U: A pilot study of the effect of a technology-mediated behavioral weight gain prevention program on weight control practices of college students. (Nov 2015). Poster presented The Annual Scientific Sessions of The Obesity Society, Los Angeles, CA.
62. \*Coulon SM, **West DS**. The relation of intra-individual cortisol variability with intervention adherence and weight loss among African-American women in a behavioral weight control program. (Nov 2015). Poster presented The Annual Scientific Sessions of The Obesity Society, Los Angeles, CA.
63. Gibson AS, Brandt HM, Sundstrom BL, Larsen C, Monroe C, Turner-McGrievy G, **West D**. HealthE U: The process of implementing a technology-based HPV vaccination intervention for college students. (April 2016) Poster to be presented at the Society for Public Health Education's 67<sup>th</sup> Annual Meeting, Charlotte, NC.
64. Brandt HM, Turner-McGrievy G, Friedman DB, **West D**, Thomas T, Gentile D. Examining the Role of Social Media during the #SCFlood of October 2015. . (April 2016) Poster to be presented at the Society for Public Health Education's 67<sup>th</sup> Annual Meeting, Charlotte, NC.

#### National Workshops and Invited Lectures:

1. Marcus MD, **Smith DE** (1990, April). Binge eating among obese individuals: Research and treatment. Workshop presented at the Fourth International Conference on Eating Disorders, New York, NY.
2. Marcus MD, **Smith DE** (1991, Oct). Treatment of obese binge eaters. Workshop presented at the Tenth National Conference on Eating Disorders, Columbus, OH.
3. Marcus MD, **Smith DE** (1992, April). Assessment and treatment of binge eating in obese individuals. Workshop presented at the Fifth International Conference on Eating Disorders, New York, NY.
4. **Smith DE** (1994, May). Behavioral determinants of weight change during major life events: Marriage, pregnancy and work. Invited presentation at the National Cancer Institute

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- conference on "Weight change over a woman's life: Periods of hormonal transition" in Rockville, MD.
5. **Smith DE**, Greene PG, Raczynski JM, Dunbar-Jacob JM (1994, April). Assessment and interventions to promote adherence in clinical trials. Workshop presented at the annual meeting of the Society of Behavioral Medicine, Boston, MA.
  6. **Smith DE** (1995, May). Improving adherence and retention with motivational interviewing strategies. Invited workshop presented for NIH-funded Trial of Nonpharmacologic Intervention in the Elderly (TONE) Steering Committee Meeting, New Brunswick, NJ.
  7. **Smith DE** (1996, May). Motivational interviewing in behavioral interventions for non-insulin dependent diabetes. Invited workshop presented for NIDDK-funded Diabetes Prevention Project (DPP), Pittsburgh, PA.
  8. **Smith DE** (1997, December) Enhancing compliance in clinical trials. Invited presentation at the Drug Information Association Persistence / Compliance among Patients on Drug Therapy Conference, Baltimore, MD.
  9. **Smith DE** (1999, Nov). Lifestyle Working Group Presentation. NIDDK-Sponsored Behavioral Science Research in Diabetes Workshop, Bethesda, MD.
  10. **West DS** (2000, June). Behavioral approaches to the treatment of obesity in diabetes. American Diabetes Association 60<sup>th</sup> Scientific Session, San Antonio, TX.
  11. **West DS**, Gore S (2000, Oct). Pregnancy and Obesity. North American Association for the Study of Obesity annual scientific meeting, Long Beach, CA.
  12. **West DS** (2000, Oct.) Behavioral Approaches to the Treatment of Obesity. North American Association for the Study of Obesity annual scientific meeting, Long Beach, CA.
  13. **West DS** (2003, Feb). Motivational Interviewing in Obesity Treatment. North American Society for Psychosocial Obstetrics and Gynecology, Kauai, HI.
  14. **West DS** (2003, June). New Strategies to Enhance Patient Motivation toward Behavior Change. American Diabetes Association Annual Scientific Sessions, New Orleans, LA.
  15. **West D** (2004, June) Motivational Interviewing. American Diabetes Association Annual Scientific Sessions, Orlando, FL.
  16. **West DS** (2005, Aug). Behavioral Weight Control for Overweight Individuals with Type 2 Diabetes. American Association of Diabetes Educators Annual Meeting, Washington DC.
  17. **West DS** (2005, October). Counseling Approaches for Weight Loss: Motivational Interviewing. North American Association for the Study of Obesity Annual Meeting, Vancouver, Canada.

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18. **West DS** (2008, June). Recruitment, retention and adherence in randomized clinical trials. NIH Summer Institute on Design and Conduct of Randomized Clinical Trials Involving Behavioral Interventions. Airlie, VA.
19. **West DS** (2009, April). Behavioral weight control and motivation. Invited keynote address at the Society of Behavioral Medicine 30<sup>th</sup> annual scientific sessions, Montreal, Canada.
20. **West DS** (2009 June). Recruitment, retention and adherence in randomized behavioral clinical trials. NIH Summer Institute on Design and Conduct of Randomized Clinical Trials Involving Behavioral Interventions. Airlie, VA.
21. **West DS** (2010, April). Counseling strategies to encourage behavior change in weight loss. American Dietetic Association Level 2 Weight Management Counseling Certificate Workshop. Baltimore, MD.
22. **West DS** (2011, Feb). Using Lay Health Educators to Deliver a Behavioral Weight Control Program in Senior Centers. National Institute of Diabetes, Digestive and Kidney Diseases Clinical Obesity Research Panel. Bethesda, MD.
23. **West DS** (2011, Aug). The Science and Practice of Behavioral Weight Control: Facilitating and Motivating Behavioral Change for Weight Loss and Maintenance. Invited Clinical Grand Rounds for the American Psychological Association Annual Meeting, Washington, DC.
24. **West DS** (2011, Oct). Bridging the Gap: The Dissemination of Diabetes Prevention Program Lifestyle Interventions in Rural Settings using Lay Health Educators. The Obesity Society 29<sup>th</sup> Annual Scientific Meeting, Orlando, FL.
25. **West, DS** (2012, April). Counseling Strategies to Encourage Behavior Change in Weight Loss. Academy of Nutrition and Dietetics Level 2 Certificate of Training in Adult Weight Management Program, Chicago, IL.
26. **West DS** (2012, Sept). Blending Behavioral Weight Control with Motivational Interviewing. The Obesity Society 30<sup>th</sup> Annual Scientific Meeting, San Antonio, TX.
27. **West, DS** (2012, Nov). Counseling Strategies to Encourage Behavior Change in Weight Loss. Academy of Nutrition and Dietetics Level 2 Certificate of Training in Adult Weight Management Program, Las Vegas, NV.
28. **West, DS** (2013, Dec). Counseling Strategies to Encourage Behavior Change in Weight Loss. Academy of Nutrition and Dietetics Level 2 Certificate of Training in Adult Weight Management Program, Austin, TX.
29. **West, DS** (2015, May). Counseling Strategies to Encourage Behavior Change in Weight Loss. Academy of Nutrition and Dietetics Level 2 Certificate of Training in Adult Weight Management Program, Charlotte, NC.

Workshops and Invited Lectures at local and regional courses and meetings:

1. **Smith DE** (1994, April). Behavioral Weight Control with a Motivational Intervention for Older Obese Women with Non-insulin Dependent Diabetes. Presented at University of Alabama at Birmingham Center for Aging Scientific Seminar Series.
2. **Smith DE** (1994, May). Cognitive Behavioral Treatment of Binge Eating. Alabama Society of Behavioral Medicine Meeting.
3. **Smith DE, Greene PG** (1994, October) Promoting Adherence to Treatment Recommendations. Public Health Grand Rounds. Midsouth Program for Public Health Practice.
4. **Smith DE** (1995, April). Motivational Interviewing to Enhance Behavioral Interventions for Non-insulin Dependent Diabetes. Workshop presented at the Billings Area Indian Health Service (IHS) Diabetes Conference, Bozeman, MT.
5. **Smith DE** (1995, September). Motivational Interviewing: Training Workshop for Health Care Providers. Invited 2-day workshop at the Jackson, MS VAMC.
6. **Smith DE** (1996, March). Goal Setting During a Brief Counseling Contact. Invited address of the Annual Meeting of the Alabama Dietetic Association, Birmingham, AL.
7. Greene PG, **Smith DE** (1996, Nov). Cancer control and prevention among rural minority populations. University of Alabama at Birmingham Cancer Prevention and Control Seminar Series.
8. **West DS** (January, 2000). Cervical Cancer and Smoking. Invited address at Annual Research and Clinical Sessions of the Progress in Obstetrics and Gynecology Program, Birmingham, AL.
9. **West DS** (2001, Jan). Pregnancy and obesity. University of Alabama at Birmingham Clinical Nutrition Research Center Seminar Series, Birmingham, AL.
10. **West DS** (2002, Feb). Diabetes and Depression. Invited presentation to Alabama Diabetes Educators Association, Birmingham, AL.
11. **West DS** (2002, April). Helping People Change: Using Goal Setting to Get Behavior Change. American Diabetes Association Birmingham Professional and Patient Education Program
12. **West DS** (2002, July). Overview and Evaluation of Research Designs in Behavioral Research. Invited lecture to Clinical Research Training Program for Studies of CVD in India, Birmingham, AL.
13. **West DS** (2002, July) Motivational Interviewing in Weight Control and Diabetes Treatment. Psychiatry Grand Rounds. Western Psychiatric Institute and Clinic, Pittsburgh, PA.

14. **West DS** (2002, Aug). Treatment Adherence in Clinical Trials. Invited lecture to Clinical Research Training Program for Studies of CVD in India, Birmingham, AL.
15. **West DS** (2002, Nov) Motivational Interviewing in Diabetes Care. Invited presentation at 39<sup>th</sup> Annual Diabetes Symposium of the Central Ohio Diabetes Association, Dublin, OH.
16. **West DS** (2002, Nov) Obesity, Heart Disease and Diabetes: the Look AHEAD Study. Invited presentation at UAB Department of Medicine Clinical Research Symposium.
17. **West DS** (2003, May) Behavioral Interventions for Obesity and Diabetes. Invited presentation at Obesity/Diabetes Link: Mechanism to Intervention in Minority and Underserved Populations Conference, Athens, GA.
18. **West DS** (2003, Oct). Using Goal Setting to Get Behavior Change. Invited presentation at UAMS Rural Hospital Program Diabetes Review, Little Rock, AR.
19. **West DS** (2003, Dec) Behavioral Approaches to Obesity Treatment: What works in Individuals? Public Health Grand Rounds, Arkansas Department of Public Health, Little Rock, AR.
20. **West DS** (2004, Jan) Motivational Interviewing: Applications to Behavioral Weight Control for Diabetes. Invited presentation at Health Policy Grand Rounds, College of Public Health, Little Rock, AR.
21. **West DS** (2004, Jan) Behavioral Weight Control for Type 2 Diabetes: The Look AHEAD clinical trial. UAMS Preventive Nutrition Seminar, Little Rock, AR.
22. **West DS** (2004, Dec). Motivational Interviewing for Behavioral Weight Control. Psychiatry Grand Rounds, University of Miami School of Medicine, Miami, FL
23. **West DS** (2005, Feb) Behavioral Obesity Treatments: Today's State of the Art. Alabama Public Health Training Network Satellite Conference, Montgomery, AL.
24. **West DS** (2005, June) Motivational Interviewing for Behavioral Weight Control. University of Pittsburgh Mind-Body Center Summer Institute, Pittsburgh, PA.
25. **West DS**. (2005, Aug). State of the Art Behavioral Weight Control. UAMS Department of Obstetrics and Gynecology Grand Rounds, Little Rock, AR.
26. **West, DS, Gore, S, Foster, J.** (2005, Aug). Altering TV Viewing Habits as a Strategy for Preventing Obesity. Public Health Grand Rounds, Little Rock, AR.
27. **West DS.** (2006, June) Motivational Interviewing for Behavioral Weight Control in Type 2 Diabetes. Distinguished Visiting Scholars Program (K-30), Department of Preventive Medicine and Public Health, University of Kansas Medical Center, Kansas City, KS.
28. **West DS.** (2006, Sept) How to Use Behavioral Skills to Effectively Implement Change ... Even with Challenging Individuals. Invited presentation at the 8<sup>th</sup> Annual Conference on the

- Prevention and Treatment of Overweight and Obese Individuals. Kansas City, MO.
29. **West DS** (2007, June) Motivational Interviewing for Behavioral Weight Control. University of Pittsburgh Mind-Body Center Summer Institute, Pittsburgh, PA.
  30. **West DS** (2009, March) Motivational Interviewing and Behavioral Weight Control Workshop. Jenny Craig Corporate Leadership, San Diego, CA.
  31. **West DS** (2009, May). Recruitment and Retention of Minority Participants in Community-Based Research. UAMS Gerontological Nursing Research Summer Scholars Seminar. Little Rock, AR.
  32. **West DS** (2009, Nov). Addressing Childhood Obesity in Arkansas: Act 1220 of 2003. University of Georgia System Conference. *Addressing Childhood Obesity in Georgia: Prevention, Intervention, Health Care, Public Health, Community Based and Legislative*. Atlanta, GA.
  33. **West DS** (2010, Nov). Motivationally-Focused Weight Maintenance. University of Pennsylvania, Center for Weight and Eating Disorders, Philadelphia, PA.
  34. **West DS** (2011, Jan). Behavioral Strategies for Weight Management for Individuals with Type 2 Diabetes. Arkansas Chronic Illness Collaborative. Little Rock, AR.
  35. **West DS** (2011, Jan). Internet-Delivered Behavioral Weight Control: A Randomized Controlled Trial in Two States. Pennington Biomedical Research Center, Baton Rouge, LA.
  36. **West DS** (2011, Oct). Internet-Delivered Behavioral Weight Control. Public Health Grand Rounds, Arkansas Department of Health, Little Rock, AR.
  37. **West DS**, Krukowski RA, Adams B. (2012, April). Bridging the Gap: Dissemination of the Diabetes Prevention Program Lifestyle Intervention in Rural Settings using Lay Health Educators. Public Health Grand Rounds, Arkansas Department of Health, Little Rock, AR.
  38. \*Larsen CA, **West DS** (2014, Sept). Choose to Lose Online: Evaluation of Communication Patterns in a Pilot Online Weight Management Program. 2014 SEC Prevention of Obesity” Overcoming a 21<sup>st</sup> Century Public Health Challenge Symposium, Atlanta, GA.
  39. **West DS** (2015, April). Current Research in Technology-Based Interventions to Promote Healthy Lifestyles. South Carolina Smart State Council of Chairs Forum, Greenville, SC.
  40. \*Gibson AS, Brandt HM, Sundstrom BL, Larsen C, Monroe C, Turner-McGrievy G, **West D.** (January 2016). #MyTime: A technology-mediated HPV vaccination intervention for college students as part of HealthE U. Presented at Cervical Cancer-Free South Carolina, Greenville, SC.

#### MISCELLANEOUS:

##### Educational Tapes:

Promoting Adherence to Treatment Recommendations. Video tape for Midsouth Program for Public Health Practice, UAB School of Public Health. Produced by the Alabama Department of Public Health, 1994.